

Lamorinda Movers

activities for adults age 55+

NOVEMBER, 2018

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Mailing Address - P.O. Box 13, Moraga, CA 94556-0013. Phone: (925) 376-6622

Web Site – www.lamorindamovers.org

CALENDAR

NOVEMBER 5 MONDAY - EXECUTIVE BOARD MEETING AT 10 AM AT THE HACIENDA

NOVEMBER 12 MONDAY – SOCIAL HOUR - 5:00 DINNER & PROGRAM – 6:00

ALL MONDAYS: PLAY BRIDGE 12:30-3:30 AT MORAGA ROYALE (PAGE 3)

MAH JONGG MEETS TWICE A MONTH 1:30-4:30 ON EVERY FIRST AND THIRD THURSDAY AT THE MORAGA COUNTRY CLUB (PAGE 4)

BOCCE BALL FINISHED THE SEASON IN OCTOBER AND WILL RESUME MEETING IN MAY OF 2019 (PAGE 4)



PRESIDENT'S NOVEMBER MESSAGE

Greetings Friends,

At our last Board of Directors meeting we were discussing the success of the BBQ dinner at the Hacienda de Las Flores. Every comment we heard was very positive. Everyone seemed to have a really nice time. We had perfect weather and the setting was beautiful. I think we've found a new home for our future BBQs. It seems like the hills were protecting us from any wind. It couldn't have been nicer. If you are looking for a venue for a wedding, birthday, anniversary, or any other event, keep it in mind. We'd like to support it as much as we can.

Don't forget that at our program in November we will be honoring our local police and fire personnel. This year we will also be welcoming Dave Winnacker as our new Fire Chief for Orinda and Moraga.

A reminder to renew your membership for 2019 early since it helps us plan and budget for the following year. The annual dues are \$30 for singles and \$50 for couples.

Keep in mind that we are a non-profit 501(c)3, so contributions are appreciated and tax deductible.

Keith

NOVEMBER THANKSGIVING BUFFET AND PROGRAM

John Haffner

Caesar Salad with Ranch or Blue Cheese Dressing
Dinner Rolls and Butter
Oven Roasted Turkey with Sage Butter
Mashed Sweet Potatoes
Fresh Spinach and Garlic Sauté
Pecan Pie with Fresh Whipped Cream
Hot Coffee and Tea Service - Carafes of Regular and Decaf Coffee
Iced Water in Pitchers on Tables

November's program should be extra special this year because we will be hearing from police and fire personnel from all three communities. It is our way of honoring their service and offering protection for all of us. It is also an opportunity to hear from the departments of all three communities.

MEMBERSHIP NEWS

Norma Claassen

We are closing in on the remaining months of 2018. Your dues for 2019 are due by January 30, 2019. The dues are \$30 for a single membership and \$50 for a couple.

Don't forget if you refer a new member to Lamorinda Movers you have a chance to win a year of 'free' meals. Just have the new applicant add your name to the "referred by" on the application. The drawing is held at the end of year at the Holiday luncheon.

Please remember the guest fee to attend the monthly dinner meetings is \$30. More reason to have your guest join the Lamorinda Movers. Also, if you have made a reservation and your guest does not attend and you did not cancel, you will be billed for the dinner. This is because we have to give an accurate count to the caterer and are required to pay for the meals that are not consumed.

SUNSHINE AND HEALTH NEWS

Carol Derry

I sent a Thinking of You card to Carol Green earlier this month.

Please remember that if you know or hear of someone who is ill, injured or has experienced the loss of a loved one, let me know so that I can send that person and his or her family a caring card. You can call Carol at 925-376-3229 or email me at rcderry@gmail.com.

BRIDGE

Felicia Teller

Are you a bridge enthusiast? If so, we would love to have you join our group! Every Monday afternoon, including holidays, bridge players meet at Moraga Royale from 12:30-3:30. Coffee, tea and refreshments are served. An individual contribution of \$1 is collected to provide for refreshments and prize money at your table.

These games are sponsored by the Lamorinda Movers for our own membership. The generous goodwill of Moraga Royale is greatly appreciated. **New members are always welcome, so we hope that you will join us.** For more information, please call **Felicia Teller at 376-7079 before you come so that we can have an accurate count of players and tables.**

MAH JONGG
Carole Lucas

The Lamorinda Movers Mah Jongg group meets on the first and third Thursdays of each month from 1:30-4:30 at the Moraga Country Club -- with lunch first, for those who are interested, followed by mah jongg. At this time we usually have two tables. Any member of the Movers who has already had lessons and knows how to play, whether as a beginner or seasoned player, may contact Carole Lucas at [925-376-6079](tel:925-376-6079) or email lucas629@comcast.net. **We'd love to have you join us, but please call Carole first!**

BOCCE BALL
Bill Bondy

The 2018 Bocce Ball season finished smoothly. The games start at 10 AM and continue every Thursday from May to October. Games are played at the Moraga Commons and the group enjoyed another successful and fun season. **All are welcome.** We are not serious players. We gather there to have fun and meet new people. The game takes 5 minutes to learn and play ends at 12 noon. There are no set teams and scores are not recorded, just forgotten.

There also may be openings on some club teams on other nights next spring. If you are interested, please contact me at wbondy@aol.com



NOVEMBER BIRTHDAYS

HAPPY BIRTHDAY, EVERYONE!

- | | | | |
|-------|-------------------|-------|---------------------|
| 11/2 | Ann Chalem | 11/17 | Sharon Flower |
| 11/3 | Dick Vance | 11/18 | Margaret DePriester |
| 11/3 | Claire Roth | 11/18 | Dorothy Schwab |
| 11/4 | Nada Clarkson | 11/19 | Astrid Gehrke |
| 11/6 | Jack Matthews | 11/19 | Gail Burnett |
| 11/7 | Peter Ciarlo | 11/24 | Paul Duffey |
| 11/11 | Patricia Wiegmann | 11/26 | Ralph Kermoian |
| 11/12 | Bob Fleischmann | 11/27 | Larry Thompson |
| 11/13 | Joan Ullrich | 11/28 | Barry Flanders |
| 11/14 | Gary Borrelli | 11/28 | Ann Patton |
| 11/16 | Suzanne Parsons | 11/29 | Jean Miller |
| 11/16 | Phyllis Reed | 11/30 | Marty Aufhauser |
| 11/17 | Ron Lewis | | |

ACTIVITIES IN LAMORINDA

SAINT MARY'S COLLEGE

Saint Mary's College Guild presents "A Night In Italy" from 5 to 9 PM on October 20. Delicious Italian Cuisine, Bella Musica by Joe Simone Duo, and fellowship. This event will be open seating with the exception of full tables of eight or ten purchased under one reservation form.

Make check of \$45 per person payable to SMC Guild. Mail to: Donna Jollymour, 387 Calle la Montana, Moraga, CA 94556. For more information call Donna Jollymour at (925) 299-1651. All proceeds benefit students seeking scholarships for financial aid.

ART

Moraga Art Gallery hosts “Walk on the Wild Side”

The Moraga Art Gallery presents “Walk on the Wild Side,” an exhibit featuring the distinctive, strikingly colorful abstract paintings by member artist Josie Oselin, whose work invariably conveys a vigorous movement and passion.

Also featured in the show are two guest artists: Jenn Norpchen, specializing in wild, whimsical gourds, reincarnated as birds, frogs, snails and other creatures, and Terry Ow-Wing, an Asian-influenced glass artist whose work has evolved from her background in architecture, photography, and glass blowing.

The show, which includes work by the gallery’s 14 members and additional guest artists, runs until October 20th.

The gallery is located in the Rheem Shopping Center, 522 Center Street, Moraga, and is open Wednesday through Sunday from noon to 5:00 PM. For more information, visit www.moragaartgallery.com or call 925-376-5407.

THEATRE NEWS

Lafayette Town Hall Theatre – Suzie Shepard and Susan Evans

***The Revolutionists* at Town Hall Theatre**

This Bay Area Premiere of *THE REVOLUTIONISTS*, is a bold and irreverent new comedy by Lauren Gunderson featuring four bad ass character from the Reign of Terror; Marie Antoinette, Charlotte Corday, Olympe De Gouges and Marianne Angelle. *THE REVOLUTIONISTS* will have 12 performances, including two previews, September 27 through October 20, 2018, at Town Hall Theatre Company, 3535 School Street, in Lafayette, CA. Tickets are \$18 - \$30, and are available through the Box Office at (925) 283-1557 or online at www.TownHallTheatre.com.

**"Clue-baret!" and Trivia Halloween Event at Town Hall Theatre October 26, 2018
7:00 PM**

Join us for Trivia and a spooky live cabaret in our lobby, followed by a screening of the film *Clue, The Movie!*

More info and tickets: <https://www.townhalltheatre.com/single-tickets>

C e l e b r a t e
VETERANS DAY

HONORING ALL WHO SERVED

WWI
100
YEARS

11.12.18
9 AM-10 AM

Moraga
Commons
★
Veterans
Memorial

VETERANS DAY

Speakers
Refreshments

va.gov

Town of Moraga

Moraga Boy Scout Troops 212, 234, 246, & 249
Cadotte, Senior and Ambassador Girl Scouts
from Orinda Moraga Service Unit #327

iKind

Logo: TOWN OF MORAGA, CALIFORNIA, NOVEMBER 1976

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN (AAUW)

GENERAL MEETING ON PROPOSITIONS ON THE UPCOMING BALLOT

Tuesday, October 16th 9:30-11:30 AM

Orinda Community Church, 10 Irwin Rd., Orinda

A non-partisan presentation will be provided by the League of Women Voters about the pros and cons of the propositions on the November 6th ballot followed by round table discussions. The meeting is open to the public so you are encouraged to invite your friends and neighbors (men and women).

GAME DAY FOR SCHOLARSHIPS

On November 1st members of AAUW are hosting a GAME DAY: A catered lunch followed by Bridge, Bunco and Mexican Train at Miramonte Gardens Clubhouse from 11:30 AM -3:00 PM. The cost is \$40 per person. Proceeds will sponsor educational scholarships for women at our three local high schools and provide funds to sponsor two Saint Mary's students to attend AAUW's National Conference for College Women Student Leaders, which unites college women across the country to address important leadership issues of the day. Bring your friends for a great day of fun! For more information and to sign up, contact Bonnie Fend at 925-376-0495 or email her at brfend@sbcglobal.net

LAFAYETTE COMMUNITY THANKSGIVING BREAKFAST

The 40th Annual Community Thanksgiving Breakfast will be held on Friday, November 16, 2018 at Our Savior's Lutheran Church. We invite everyone! Politicos, non-profits, school representatives, business leaders, community leaders, Rotaries, Chamber members, etc. to all come together to share in a breakfast and enjoy a special speaker. Event starts at 7 AM and ends by 8:30 AM. Pastor Dan Senter from Our Savior's Lutheran Church will provide the Invocation and Rev. Robin Wells from the Lafayette United Methodist Church will do the Benediction at the end of the breakfast. Cost is \$25. Registration required as this event sells out! <https://lafayettechamber.org/breakfast>

PROGRAMS FOR ADULTS AT THE MORAGA LIBRARY

October 15-November 15, 2018

Moraga Library Book Club: October 18, 1 PM

Please note: This month the Club will meet at the Hacienda in the Dance Room at 2100 Donald Dr. Moraga, 94556

The Woman in Cabin 10. Join the Club as they discuss *The Woman in Cabin 10* by Ruth Ware. This enthralling thriller follows journalist Lo Blacklock, who knows a killer hides in plain sight aboard the ship Aurora Borealis. But it quickly becomes clear that her questions are a dangerous riptide for those who wade too deep.

The Friends of Moraga Library Book Sale October 20, 10 AM to 2 PM

The Friends of the Moraga Library will be holding their huge book sale in front of the Moraga Library from 10 AM to 2 PM. There are always unique and wonderful items to be found at this popular event.

Nature Writing Workshop October 25, 1 PM to 2:30 PM

Amy Glynn, author of *A Modern Herbal: Poems*, will share her experience as a nature writer and guide you through a hands-on outdoor activity to spark your creativity and inspire free-writing.

Brush Painting Workshop. November 1, 1 PM to 3 PM

Create your own beautiful image as Pauline Tsui guides you through techniques to create brush paintings. Learn simple and fun steps to render flowers and small animals with Chinese ink and watercolors. All materials provided. Space is limited. Register online or in person.

DAY TRIPS BY MORAGA PARKS AND RECREATION

Clinton Calkins, Recreation Coordinator

***Waitlisted* Castello di Amorosa Tour and Wine Tasting**

Wednesday, November 14, 9:30 AM – 4:30 PM

Fee: \$65

***Waitlisted* Holidays at Filoli Gardens/Museum of American Heritage**

Wednesday, December 12, 9:00 AM – 5:00 PM

Fee: \$55

ORINDA COMMUNITY CENTER

De-Clutter Workshop - Five Easy Steps to De-Clutter

Presenter: Jean Goldman Tuesday, October 16, 10:30 AM Orinda Community Center

How to Tell Your Own Story

Presenter: Nishant Batsha

Date: Thursday, November 8

Location: Orinda Community Center, Room 9AB

LAMORINDA VILLAGE

We will view *End Game*, a 40-minute documentary filmed at the UCSF Palliative Center and Zen Hospice Project. It focuses on the often emotional choices that people make about how they want to die. Dr. Steve Pantilat and the doctors and nurses at UCSF and the Zen Hospice Project offer guidance to their patients and their families, but ultimately it is they who must decide what is best for them. The film follows several families as they go through this difficult and intense process. *End Game* was shown at the 2018 Sundance Film Festival and was launched on Netflix on May 4.

Be prepared for a heartfelt discussion among Village members and friends, led by Roy Powell from the East Bay Conversation Project (he also volunteers with Hospice of the East Bay).

"I think it's healthy people who think about how they want to die and sick people who think about how they want to live", Dr. Steve Pantilat in End Game.

RSVP: (925) 283-3500 OR [Online](http://lamorindavillage.org) at lamorindavillage.org

WHEN: Tuesday, November 6, 1:30 PM - 3:00 PM

WHERE: Lafayette-Orinda Presbyterian Church, Oak Room, 49 Knox Drive, Lafayette

LAFAYETTE CHAMBER OF COMMERCE

Sustainable Lafayette Education Series: An Inconvenient Sequel

Tuesday, October 16, 7 PM, Town Hall Theatre, 3535 School Street, Lafayette

"An Inconvenient Sequel" addresses the progress made over the past ten years to tackle the problem of climate change. View "An Inconvenient Sequel" with a panel of climate change advocates on Tuesday, October 16. Sustainable Lafayette founder,

Steve Richard, will be on hand to answer questions and share his insights on how we can continue to make progress at our local level! [Learn more and purchase tickets here.](#)

Sunday, October 21 in Downtown Lafayette

Burn some energy with the kids in the 5k, put on your serious running shoes for the 10k around the Lafayette Reservoir or simply walk your dog or push the stroller in the 2 mile fun run/walk! All ages welcome. Awards for fastest runners. Live music plus Healthy Lifestyles Fair.

Register now for the 5k (8am), 10k (8:15am) or the 2 mile (8:45am) and chose your local school: Acalanes Dons, Burton Valley Bobcats, Campolindo Cougars, Happy Valley Huskies, Lafayette Leopards, Miramonte Matadors, Springhill Scorpions and Stanley Wildcats. www.lafayettechamber.org/resrun

Trick-or-Treat Street Friday October 26th 4-6 PM Downtown Lafayette

For a fun, safe Halloween event, children and their parents and grandparents are invited to Trick-or-Treat on Mt. Diablo Blvd. from Plaza Way to Dewing Ave., Lafayette Circle and in La Fiesta Square.

<u>LAMORINDA MOVERS BOARD MEMBERS</u>	
<u>AND COMMITTEE CHAIRPERSONS</u>	
President	Keith Katzman kkatzman@pacunion.com
Vice President	Suzanne Parsons sunsandsky@yahoo.com
Program Coordinator	John Haffner johnhaffner@comcast.net
Secretary	Vicki Nakamura vna525@comcast.net
Treasurer	Dick Courtney rcourtney1893@gmail.com
Membership	Norma Claassen normamc44@gmail.com
Communications	Gary Borrelli garyborrelli@sbcglobal.net
Publicity	Paul Duffey irelith@comcast.net
Newsletter Editor	Tory Courtney torycourt@gmail.com