

Lamorinda Movers

Activities for adults ages 55+

June/July 2021	Volume 47, Issue 7
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This bulletin is published monthly by the Lamorinda Movers, Inc. for the benefit of its members

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JULY CALENDAR

All dates are tentative and subject to change depending on fluctuating COVID-related restrictions

TUESDAY, JULY 6, Executive Board Meeting, Canyon Club Brewery, 5 p.m.

JULY HAPPY HOUR AND DINNER 5 p.m. **CANCELLED**

ALL MONDAYS: Bridge, 12:30 - 3:30 p.m. at Moraga Royale **SUSPENDED UNTIL FURTHER NOTICE**

FIRST AND THIRD THURSDAYS: Mah Jongg, 1:30 - 4:30 p.m., Moraga Country Club **SUSPENDED UNTIL FURTHER NOTICE**

BOCCE BALL: Every Thursday morning until the beginning of October, 10 a.m., Moraga Commons



PRESIDENT'S JUNE/JULY MESSAGE

Ladies & Gentlemen, Friends & Neighbors,

It's official! WE ARE OPEN AGAIN!

We're planning our Grand Reopening celebration for Monday, September 13, 2021. This exciting news just happened so we're confirming all the details as quickly as possible. The plan is to gather at the Holy Trinity Serbian Orthodox Church located at 1700 School St. Moraga; we are hoping to have Back Forty BBQ cater dinner and Johnny Z and the Camaros as our lively entertainment. Watch for details in the next newsletter. But in the meantime, get your dancing shoes ready.

More good news: The Board unanimously voted to allow any member to bring a guest at NO CHARGE. If you have a friend or neighbor that has been thinking about coming to a Lamorinda Movers event, let them know: this is the one they should attend. With two of our most popular evening attractions — Johnny Z and Back Forty BBQ — this is one no one wants to miss. Please reach out to other members and let them know about this long awaited event just in case they are not paying attention to their emails. We need to make sure everyone hears about this. It could be the best event in Movers history!! We are so ready!!!

Another piece of happy news (tinged with a hint of sadness). Our long-time Board secretary, Vicki Nakamura, is getting married and moving to Berkeley. Congrats to her but that means we'll have another Board opening in January. (See next page for more information.) Think about taking over this important role.

I have seen many of you around town and everyone always asks, "when are we going to get together again?" Well, our time has come. It will be so nice to have everyone back together again. I cannot wait to see you all.

Warmly,

Keith

GOOD NEWS

The state is open! The rules seem to change daily so make sure you keep an eye out for what you can and cannot do, where you can go, when/if you need to wear a mask. It's a fluid situation and likely will be for a while until we all get accustomed to this "new normal." But what a relief — if you've been vaccinated you can hug your vaccinated family members and friends, go inside many places without a mask, sit across the table from friends and acquaintances and even go to a movie theater or travel to visit a loved one. It's been a long and difficult 15 months but soon we'll be able to look back on this time and be grateful that a vaccine was made available so quickly and appears to successfully decrease our chances of getting sick.

For up-to-date information on restrictions, go to <https://covid19.ca.gov/stay-home-except-for-essential-needs/>. There is additional info on the Contra Costa Health Services site, <https://www.coronavirus.cchealth.org>.

Even more good news: our Bocce Ball game has started up again! See p. 4 for more details but come on out to play, watch or simply to say hello. Libraries are open. Theaters are opening. Galleries are opening. And the very popular Taste of Lafayette Restaurant Stroll, taking place this month, sold out very quickly. Life is returning!

HELP WANTED

We're now looking to fill two Board positions; The Communications Chair is needed immediately, the Board Secretary needs to be filled by January 2022:

Communications Chair: involves keeping the website updated, electronically distributing the monthly newsletter, and overseeing dinner notifications, reservations and name tags. While you need to be comfortable with technology, you will get thorough training to assume this crucial role.

Board Secretary: attend monthly Board meetings, take, transcribe and distribute minutes.

Want to sign up and help out? We'd love to have you. Please email Diane Claytor at dianeclaytor@gmail.com to let her know you'd like to help. We look forward to working with you!

NEXT DINNER

As noted in Keith's letter, plans are underway for our grand reopening event on Sept. 13 at the Serbian Church in Moraga; a delicious bbq dinner will be provided by the popular Back Forty and Johnny Z and the Camaros will have us all dancing and enthusiastically celebrating the return of Lamorinda Movers!

MEMBERSHIP NEWS

Norma Claassen

Hope everyone is doing well and enjoying the freedom we are having. I am sure you are as confused about when to wear a mask as I am. We just got back from Colorado and the area we were visiting was wide open with hardly anyone wearing a mask. I guess if we travel, we have to find out each area's rules on mask wearing. Have a good summer.

SUNSHINE AND HEALTH NEWS

Jean Roberts

If you know or hear of someone who is ill, injured, or has experienced the loss of a loved one, please let Jean Roberts know so a caring card can be sent. You can call Jean at 925-788-5528 or email her at iamjean649@gmail.com.

BRIDGE, MAH JONGG and BOCCE BALL

Felicia Teller, Carole Lucas and Lynne Libuha

We're back! Well, at least Bocce Ball is. Every Thursday through October at 10 a.m., the bocce ball gang is back at the Moraga Commons bocce court playing this fun game. We'd love to welcome new players to join us. It's an easy fun game to learn & play. Just show up and if you need more details call Lynne Libuha at 925 388-0277 or email her at lynne.libuha@me.com. You needn't commit to being a regular player but give it a try!

The other two activities sponsored by Lamorinda Movers are still on hold. If you have any questions, please contact Felicia Teller (bridge) at 925-276-7079 or Carole Lucas (mah jongg) at clucas629@comcast.net. We will send out information as soon as we are able to resume playing. We can't wait to see you then!



July Birthdays

7/8	Virginia Struhm	7/13	Steven Miller
7/9	Monte Hess	7/18	Robert Sornsen
7/9	Jan Smith	7/23	Louise Rowland
7/11	Robert Burnett	7/23	Mary Krueger
7/12	Donna Sumner	7/29	Jean Roberts

ACTIVITIES IN LAMORINDA

We've been listing virtual activities since the beginning of Covid. While we'll continue to do so, with more and more in-person events and activities available, the virtual activities list will become smaller. There will always be online activities, classes, performances, theatre, tours, etc. but those that are live, in person and in real time are usually better.

Libraries: the Contra Costa County Libraries are open! <https://ccclib.org>. Find in person and online T'aiChi, discussions, meditation, speakers, book clubs, garden designing: <https://ccclib.bibliocommons.com/events/search/index>

Performances:

Most of the local performing arts companies are announcing their upcoming live productions (and there are many), while still offering many virtual performances. For updated listings, it is suggested you go to the various web sites.

June 25-27: Diablo Ballet virtually presents Love Stories <https://diabloballet.org/coppelia/>;

July 8: Cal Performances Tickets go on sale for their reopening performance, "Not Our First Goat Rodeo," featuring Yo Yo Ma <https://calperformances.org/events/2021-22/special-events/not-our-first-goat-rodeo-2122/>

July 10, 11 a.m.: Town Hall Theatre is hosting a live Bay Area Celebration at the Moraga Commons featuring local singers and spoken word artists. <https://www.townhalltheatre.com/bac>

Outdoor concerts on Thursday evenings are back at the Leshner. The **Summer Sounds Concert Series** begins July 1. lesherartscenter.org

Live theatre is back in San Francisco, beginning with "Hamilton" in August. <https://www.broadwaysf.com/Online/default.asp>

Speakers:

Lamorinda Sunrise Rotary <https://lamorindasunrise.org/speakers>

Classes:

Osher Lifelong Learning Institute (OLLI) UC Berkeley has a summer session starting July 12. <https://olli.berkeley.edu/programs/courses> Additionally, OLLI has a classes through their San Francisco State campus: <https://olli.sfsu.edu/courses>.

Lamorinda Village offers a free meditation every Monday at 9:30 a.m., led by Dr. Prasad Palakurthy, a retired cardiologist who has taught yoga and meditation for several decades. Zoom: <https://zoom.us/j/886273476> You can also dial in by phone: 669-900-6833, Meeting ID 886-273-476.

The **Walnut Creek Senior Center** offers virtual and live classes and fun activities. <https://www.walnut-creek.org/departments/arts-and-recreation/recreation-parks/adults-50> <https://wcseniorsclub2020.wordpress.com/upcoming-events/>

DVC Community Education classes: email CommunityEd@dvc.edu for information

Virtual Yoga, Conversational Mandarin, Chess, all through the **Lafayette Recreation Center**. https://apm.activecommunities.com/lafayetterec/Activity_Search?detailskey%20word=&IsAdvanced=True&ddlSortBy=Activity+name&ActivityCenterID=5&DaysOf%20Week=0000000&SearchFor=2&SearchLevelID=2&maxAge=100&NumberOfItemsPer%20Page=20&IsSearch=true

In-Person Activities:

June 23 8:45 a.m. - 4:15 p.m. Senior travel is back from Walnut Creek Arts & Rec! Guided walking tour of Golden Gate Park and Botanical Gardens <https://bit.ly/3dX4Uer>

July 15 5-9 p.m. Hacienda Nights are back in Moraga. <https://www.moraga.ca.us/421/Hacienda-Nights>

July 21 10 a.m.: Lafayette Citywide Sidewalk Sale <https://cca.lafayettechamber.org/EvtListing.aspx?dbid2=CALAF&evtid=49666&class=B>

Thursday nights, 5-8 p.m. Orinda Food Trucks are back! Orinda Community Center <https://www.cityoforinda.org/CivicAlerts.aspx?AID=29>

Virtual Activities:

Lamorinda Village invites you to attend any and all of our free weekly zoom events Monday is Meditation, Tuesday coffee and conversations and there are often interesting speakers. Please come! <https://lamorinda.helpfulvillage.com/events>

Discussion groups, book club, classes on Apple devices, legal documents, all through Lafayette's Senior Services Program. <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/senior-services/programs-services>

Museums and Art Galleries:

Moraga Art Gallery is open Thursday-Sunday, 12 noon - 5 p.m. and by appointment. “Homage to Nature” highlights the works of 2 member artists wedded to the natural world. <https://moragaartgallery.com> Email: moragaartgallery@gmail.com 925-376-5407

Jennifer Perlmutter Gallery is open Wednesdays-Fridays 1-5 p.m. and Saturdays 11 a.m. - 5 p.m.

Open Museums: SF Museum of Modern Art <https://tickets.sfmoma.org/tickets>; the DeYoung and Legion of Honor museums <https://legionofhonor.famsf.org>, Asian Art Museum <https://asianart.org>,

Lamorinda Arts Alliance presents *Slice of Life*, May 4-June 25 aRt Cottage

Saint Mary’s College Museum of Art: The museum is now open to the public, Wednesday-Friday Aesthetic Forces: Nature in the Modern California Landscape, 1915-2015” through July 11. <https://www.stmarys-ca.edu/saint-marys-college-museum-of-art>

Lafayette’s Virtual Community Center: <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/virtual-community-center>

Resources:

Lafayette offers many resources and services for senior, as well as interesting classes. For more information, go to <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/senior-services/resources> 925-284-5050

Nixle keeps you updated with relevant information from your local public safety departments; sign up and keep current on severe traffic and weather, criminal activities, local events. <https://www.nixle.com>, <https://local.nixle.com/register/>

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AND COMMITTEE CHAIRPERSONS

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