

Lamorinda Movers

Activities for adults ages 55+

[March/April 2022](#)

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APRIL CALENDAR

TUESDAY, April 5, Executive Board Meeting, Keith Katzman's Home, 4:30 p.m.

MONDAY, APRIL 11 APRIL HAPPY HOUR AND DINNER 5 p.m. Social Hour followed by a barbecue dinner and music and dancing provided by Johnny Z and the Camaros. Serbian Church, Moraga

ALL MONDAYS: Bridge, 12:30 - 3:30 p.m. at Moraga Royale **SUSPENDED UNTIL FURTHER NOTICE**

FIRST AND THIRD THURSDAYS: Mah Jongg, 1:30 - 4:30 p.m., Moraga Country Club. Will be restarting soon. See p. 4 for more information.

BOCCE BALL: **OVER FOR THE SEASON** Will start up again in May. See you then!



PRESIDENT'S MARCH/APRIL MESSAGE

Dear Friends and Neighbors,

It is with a very joyful heart and great excitement that I can report we are set to meet for the first time in over two years. **MARK YOUR CALENDAR** - April 11 is the grand reopening. We have some unprecedented plans to help enhance the experience.

For the first time in Movers' history, we are offering each and every one of you the opportunity to bring a guest **FOR FREE**. We expect to pack the Serbian Church on School Street in Moraga so register early. Seating will be limited. The last day to sign up is Friday, April 1st. Our Grand Reopening will be held on Monday, April 11. Invite a guest to enjoy one of our members' top-rated caterers: Back Forty Texas BBQ. We are also bringing back one of our most popular entertainers: Johnny Z and the Camaros. And just like the last time they performed for us they will be taking your requests. We are going to have a fantastic time. It's finally time to get out and have a lot of fun.

There was a man who lived in the country. One night he heard some noise and saw some burglars stealing things from his barn. He ran to the phone and dialed 911 but the dispatcher said "I'm sorry sir, there are no patrol cars available. You just need to lock your doors and we'll get someone there as soon as possible." He hung up very frustrated. About 30 seconds later he called back and said, M'am don't worry about it. You don't need to send anybody; I shot all the burglars." 90 seconds later, 3 patrol cars, 1 sheriff and 2 ambulances showed up and they caught the burglars red handed. The sheriff went over afterwards and said "I thought you shot the burglars." The man said "I thought you said nobody was available."

I look forward to seeing you all on April 11th. Mark your calendars, invite a friend for free, and sign up soon. I hope you are all as excited as I am. When I see members around town every one of them has asked when are we getting together again? The time has come; finally.

Keith

NEWS

To paraphrase Arnold Schwarzenegger, we're baaaaacck!!! Mask mandates have been lifted and we can once again gather with family, friends and even strangers. It may feel a little strange at first, but no doubt, we'll all get the hang of it in no time. The Welcome Back Dinner Celebration we've been talking about for 2 years is finally a reality. Specifics may be found below but it will be a fun-filled evening complete with a delicious barbecue dinner from the popular Back Forty Texas BBQ restaurant, upbeat music from fan-favorites Johnny Z and the Camaros and the opportunity to dance the evening away and acquaint yourselves with old friends. You definitely won't want to miss this!

If you still have questions about the latest news on COVID, go to the Contra Costa Health Services site, <https://www.coronavirus.cchealth.org> for the most current information.

If you haven't yet sent in your dues, please get them in. They're \$30 for a single membership and \$50 for a couple. Please mail your check, payable to Lamorinda Movers, to P.O. Box 13, Moraga, 94556-0013. Or you can bring it to our April 11 dinner and personally hand it in.

HELP WANTED

We're still looking to fill the Communications Chair position on the Board immediately. Please contact Keith or any of the Board members (contact information on last page) for information or to volunteer. The duties are relatively simple: keeping the website updated and overseeing dinner notifications, reservations and name tags. While you need to be comfortable with technology, you will get thorough training to assume this crucial role.

NEXT DINNER

In previous newsletters, we repeatedly said we'd plan our Grand Reopening Dinner Meeting as soon as it was safe to do so. The time has finally come! On Monday, April 11 we'll gather at Moraga's Serbian Church for a wonderful bbq dinner, upbeat entertainment and, best of all, the time to meet up again with friends many of us haven't seen in 2 long years. We are so excited!!! Mark your calendar. Invite a friend or two. Plan on a wonderful, long-overdue celebration. See below for details on this GRAND reopening.

MEMBERSHIP NEWS

Norma Claassen

Super News! We will begin our dinner meetings again on Monday, April 11, 2022, at the Serbian Church, 1700 School Street, Moraga. You will be enjoying a Back Forty Texas BBQ dinner, music by Johnny Z and the Camaros, and the cost is still only \$25 per person for dinner. We invite you to bring guests at no charge. **Deadline to sign up is April 1.** Please visit the Lamorinda Movers website (lamorindamovers.org) for more information and to sign up.

Your dues can be paid at the April meeting if you have not already sent in your payment. The dues have not changed from 2019. A single membership is \$30, and a couple is \$50. The dinners are \$25 per person. If possible, please bring separate checks for the dues and dinner. Until we can run a credit card, checks are it.

Don't forget: if you refer a new member to Lamorinda Movers, you have a chance to win a year of free meals. Just have the new applicant add your name to the "referred by" on the application. The drawing is held at the end of year at the Holiday dinner meeting.

Looking forward to seeing you after a long 2-year hiatus!

SUNSHINE AND HEALTH NEWS

Jean Roberts

If you know or hear of someone who is ill, injured, or has experienced the loss of a loved one, please let Jean Roberts know so a caring card can be sent. You can call Jean at 925-788-5528 or email her at iamjean649@gmail.com.

BRIDGE, MAHJONG and BOCCE BALL

Felicia Teller, Carole Lucas and Lynne Libuha

Bocce ball is over for the season. It was a short, but fun, season and we'll start up again the first Thursday in May. We play at the Moraga Commons bocce court and we'd love to welcome new players to join us. It's an easy and fun game to learn & play. For more info, call Lynne Libuha at 925 388-0277 or email her at lynne.libuha@me.com. See you in May!

Looks like the Movers' Mahjong group will be able to start playing again at the Moraga Country Club. Carole Lucas will be contacting members of the original group with details. Anyone who is interested in joining the group should contact her at clucas629@comcast.net or call 925-376-6079.

At this time, bridge is still on hold. Please contact Felicia Teller at 925-276-7079 for information.



April Birthdays

4/3	Doris DeAndre	4/17	Audrey O'Donnell
4/3	Trudy Wexler	4/19	Karl Droese
4/3	Marguerite Harrell	4/21	Caroline Wood
4/12	Linda Reidt	4/22	Judy Klopstock
4/15	Clay Claassen	4/24	Norma Claassen
4/15	Gayle Hester	4/27	Nancy Masar

ACTIVITIES IN LAMORINDA

We've been listing virtual activities since the beginning of Covid. While there are more in-person events and activities available, there continue to be many that are either totally virtual or a combination of in-person/virtual. We will continue to list what we know. There will always be online activities, classes, performances, theatre, tours, etc. but those that are finally live, in person and in real time are even better.

Libraries: <https://ccclib.org>. Find in person and online T'aiChi, discussions, meditation, speakers, book clubs, garden designing: <https://ccclib.bibliocommons.com/events/search/index>

Did you know that there is a great little book shop inside the Moraga Library? It's got a wonderful array of books — best sellers, fiction and non-fiction, biographies, cookbooks and kids' books — all at amazing prices. And all funds go to purchase more library books. Stop by some time.

Performances: _

Most of the local performing arts companies are back to live productions while still offering many virtual performances. For updated listings, it is suggested you go to the various web sites.

March 19, 7:30 p.m. Lafayette Library Gold Coast Chamber Players present *Caliente!*
https://www.gccpmusic.com/?blm_aid=438618113

March 25, 8 p.m., Town Hall Theatre Pan Theater Improv Comedy Show
<https://www.townhalltheatre.com>

Cal Performances <https://calperformances.org>

Gold Coast Chamber Players <https://www.gccpmusic.com/2021-22>

Leshler Center for the Arts presents Headliners <https://www.draa.org/headliners>

Speakers:

April 6, 10 a.m. Lafayette Library. Savvy Seniors Living presents Emergency Preparedness <https://www.day-realestate.com/events>

April 8, 1 p.m. Lafayette Library: Retired sports journalist Dave Newhouse will discuss his latest book, *The Yankee Way*. https://www.lllcf.org/dave-newhouse?blm_aid=438618113

Lamorinda Sunrise Rotary <https://lamorindasunrise.org/speakers>

Classes:

Osher Lifelong Learning Institute (OLLI) UC Berkeley <https://olli.berkeley.edu/programs/events> There are livestream, recorded and in person classes. “Cooking with Winter Produce,” “The Kennedy Dynasty,” “Adventures in American Opera,” are just a few of your choices this winter. Additionally, OLLI has many mini courses and 6-week classes through their San Francisco State campus (“Everythingou want to know about Ethics..,” “News Junkies Unite! Discussing the Headlines of the Day,” “History of the HolyLand”) :<https://olli.sfsu.edu/courses> as well as through their Cal State East Bay Concord Campus (“American Musical: The 1970s to Hamilton,” “Birthing in America,” "Broadway Divas” “Climate Change Economics”) <https://www.scholarolli.com/product-category/programs/>

The **Walnut Creek Senior Center** offers virtual and live classes and fun activities. <https://www.walnut-creek.org/departments/arts-and-recreation/recreation-parks/adults-50>; <https://wcseniorsclub2020.wordpress.com/upcoming-events/>

DVC Community Education classes: email CommunityEd@dvc.edu for information

Lamorinda Village is planning a study group series with Cal Shakes Resident Dramaturg Dr. Philippa Kelly. This program was very popular last year: intellectually engaging and a good source of connection. [HERE](#) is the link to more information on this program from Cal Shakes.

In-Person Activities:

Discussion groups, book club, classes on Apple devices, legal documents, all through Lafayette’s Senior Services Program. <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/senior-services/programs-services>

Moraga Parks and Recreation is bringing back their Trips for Seniors this spring. On Apr. 21, there's a trip to the Oakland Museum and Jack London Square and on May 18 you can visit the Filoli Historic House and Garden. For more information: <https://www.moraga.ca.us/217/Parks-Recreation>

Virtual Activities:

March 19, 5 p.m. Free: Cal Shakes "Here We Go" virtual fundraiser and season launch <https://calshakes.org/here-we-go/>

Lamorinda Village offers a free meditation every Monday at 9:30 a.m., led by Dr. Prasad Palakurthy, a retired cardiologist who has taught yoga and meditation for several decades. You can dial in: 669-900-6833, Meeting ID 886-273-476. There is also chair yoga every Tuesday at 1:30 p.m. and Village Conversations every Friday morning a 9:30 a.m. You can Zoom all Lamorinda Village offerings: <https://zoom.us/j/886273476>.

Lamorinda Village is also offering a free virtual grief support group, Wednesdays 1-2 p.m. This program was "developed to offer opportunity to come together in community and support for one another and to consider ways we can respond to the grief, bereavement, and mourning, that can affect our lives." To learn more and obtain the Zoom link, email kishizu@lamorindavillage.org.

Discussion groups, book club, classes on Apple devices, legal documents, all through **Lafayette's Senior Services** Program. <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/senior-services/programs-services>

Virtual Yoga, Conversational Mandarin, Chess, all through the **Lafayette Recreation Center**. https://apm.activecommunities.com/lafayetterec/Activity_Search?detailskey%20word=&IsAdvanced=True&ddlSortBy=Activity+name&ActivityCenterID=5&DaysOf%20Week=0000000&SearchFor=2&SearchLevelID=2&maxAge=100&NumberOfItemsPer%20Page=20&IsSearch=true

Museums and Art Galleries:

Moraga Art Gallery Through Apr. 10 "Singularities," the unique visions of two members artists. is open Wednesday-Sunday, 12 noon - 5 p.m. <https://moragaartgallery.com>
925-376-5407

Art Gallery at the Orinda Library <https://lamorindaarts.org/current-exhibits/>

Saint Mary's College Museum of Art: Through June 19 "Power and Purpose: Reflections on the African Art Collection and Stock" <https://www.stmarys-ca.edu/saint-marys-college-museum-of-art>

Lamorinda Arts Council: <https://lamorindaarts.org/online-galleries/>

Resources:

Lafayette offers many resources and services for seniors, as well as interesting classes. For more information, go to <https://www.lovelafayette.org/city-hall/city-departments/parks-trails-recreation/senior-services/resources> 925-284-5050 or <https://lafayettechamber.org/teen-senior-resources/>

Nixle keeps you updated with relevant information from your local public safety departments; sign up and keep current on severe traffic and weather, criminal activities, local events. <https://www.nixle.com>, <https://local.nixle.com/register/>

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